

**51<sup>st</sup> ANNUAL  
CALDWELL MIDDLE SCHOOL INVITATIONAL TRACK MEET  
APRIL 29, 2021  
CALDWELL SCHOOLS ATHLETIC COMPLEX**

**SCHOOLS:** ARGONIA, ARK CITY CHRISTIAN, ATTICA, BELLE PLAINE, CALDWELL, CEDAR VALE-DEXTER, CENTRAL, MEDFORD, OK, NORWICH, OXFORD, SOUTH BARBER, SOUTH HAVEN, UDALL, WELLINGTON

Welcome to the 51<sup>st</sup> Caldwell Middle School Invitational Track Meet, to be held on Thursday, April 29, 2021. Enclosed is meet information and the order of events we will be using.

**ENTRY INFORMATION:** Coaches please log on the [www.directathletics.com](http://www.directathletics.com) and enter your athletes and events they will participate in. Entries will close on **April 29, at 9:00 a.m.** ONLY SCRATCHES WILL BE ALLOWED AT THE MEET!. Each school may enter three participants in each running and field event and one relay per school, per division.

**ENTRY FEE:** \$200 PER SCHOOL (ALL FOUR TEAMS 7B, 7G, 8B, 8G) OR \$50 PER TEAM) MAXIMUM OF 4 TEAMS PER SCHOOL (NO "B" TEAMS)

**RACE LENGTH ALLOWED:** 7<sup>TH</sup> - 3200M, 8<sup>TH</sup> 3200M  
Students must run in his/her grade level (no mixing of grade levels)

**FIELD EVENTS:** Measurements will be to the lesser ¼". In Shot Put, Discus, Long Jump, Triple Jump, three attempts will be allowed. No Finals!

Shot Put – Boys use the 4K, Girls use the 6lb.

Discus – The one kilo discus will be used (same as high school girls)

High Jump – Starting Height – 7<sup>th</sup> grade 3'6, 8<sup>th</sup> grade 3'10. It will be raised 2" at a time until only six participants remain, from then on the bar will be raised only 1" at a time. Three attempts at each height.

Pole Vault – Starting Height – 7<sup>th</sup> grade 6'6", 8<sup>th</sup> grade 7'0".

Running Events- All Finals

**RUNNING EVENTS:** ¼" spikes or less allowed! Caldwell will provide all starting blocks

**SCORING:** 10 – 8 – 6 – 4 – 3 – 2 – 1

**AWARDS:** Medals will be awarded for six places and plaques will be awarded to the first and second place teams in each division (7B, 7G, 8B, 8G)

**COACHES:** Please report to the shed at the north end of the track upon arrival. Scratches and Substitutions can be made at this time.

12:45 pm	Coaches Meeting (Blue Shed)
1:00 pm	Field Events Begin
2:00 pm	3200M (Boys and Girls run together)

Medals will be put in envelopes and available after the conclusion of the track meet, in the shed.  
No dressing facilities are available.

Please keep shot puts, discus and javelin's off the football field.

Participants and Coaches are the only personnel that are eligible to be on the field.

All camps outside the fenced area.

Sack lunch will be provided to coaches and workers in the concession stand west of the track. Get your meal tickets from Kurt Neal upon arrival.

**CONCESSION STAND:** There will be a nice variety of food available at the concession stand.

**PARKING:** Please back buses up to the bank on the north end of the complex, just west of the main entrance, or east of the tennis courts up to north of the west concession.

**REMEMBER: ALL ENTRIES MUST BE COMPLETE BY 9:00 AM ON THE 29<sup>th</sup>.**

If you have questions contact Sean Blosser @ (620) 845-2585, or email sblosser@usd360.com

**CALDWELL MIDDLE SCHOOL INVITATIONAL TRACK MEET  
SCHEDULE OF EVENTS**

**FIELD EVENTS:                    BEGIN AT 1:00 P.M.**

HIGH JUMP:                    EAST PIT (SOUTH END OF TRACK) – 7<sup>TH</sup> GIRLS, 8<sup>TH</sup> GIRLS  
   WEST PIT (SOUTH END OF TRACK) – 7<sup>TH</sup> BOYS, 8<sup>TH</sup> BOYS

POLE VAULT:                    (SOUTH END OF BLEACHERS) - 7<sup>TH</sup> BOYS AND GIRLS; 8<sup>TH</sup> BOYS AND GIRLS

LONG JUMP:                    (EAST PIT, SOUTH OF BLEACHERS) – 8<sup>TH</sup> GIRLS; 7<sup>TH</sup> GIRLS – (TRIPLE JUMP WILL FOLLOW IN  
   SAME PIT AND SAME ORDER)  
   (WEST PIT, SOUTH OF BLEACHERS) – 8<sup>TH</sup> BOYS; 7<sup>TH</sup> BOYS – (TRIPLE JUMP WILL FOLLOW IN  
   SAME PIT AND SAME ORDER)

SHOT PUT:                    NORTH RING – 7<sup>TH</sup> BOYS; 8<sup>TH</sup> BOYS  
   SOUTH RING – 7<sup>TH</sup> GIRLS; 8<sup>TH</sup> GIRLS

DISCUS:                    EAST RING – 8<sup>TH</sup> BOYS; 7<sup>TH</sup> BOYS  
   WEST RING – 8<sup>TH</sup> GIRLS; 7<sup>TH</sup> GIRLS

**2:45PM FINALS:                    (ORDER FOR ALL FINAL RUNNING EVENTS – 7<sup>TH</sup> GIRLS, 8<sup>TH</sup> GIRLS, 7<sup>TH</sup> BOYS, 8<sup>TH</sup> BOYS)**

3200M  
75M HURDLES  
100M  
1600M  
4 X 100M RELAY  
400 M  
200M HURDLES  
4 X 200M RELAY  
800M  
200M  
4 X 400 RELAY



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## How to Submit Online Entries

### **STEP 1—ACCESSING YOUR DIRECTATHLETICS ACCOUNT**

*Each coach must have a DirectAthletics username and password for his/her team. If you don't know your username and password, you will be able to create one or retrieve your existing account by following the instructions below. You will use the same account to enter all meets run through DirectAthletics.*

<b>If you already have a DirectAthletics account for your Track &amp; Field team, and know your username and password....</b>	<b>If you do NOT know your username and password....</b>
1) Go to <a href="http://www.directathletics.com">www.directathletics.com</a> 2) In the login box, enter your username and password and click Login.  (Remember that your password is case-sensitive)	1) Go to <a href="http://www.directathletics.com">www.directathletics.com</a> 2) Click on the link "New User? Click HERE". 3) Follow onscreen instructions. You will be able to create an account online or retrieve forgotten information for an existing account.

**\*\*NOTE ABOUT MEN'S AND WOMEN'S ACCOUNTS:** You control only one gender at time, so you will complete the below steps for your Men, and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

**Sport:** Track & Field

**Team:** Ridgewood (Men)

This indicates that you are controlling the MEN'S team. To switch to your Women's team, you would select "Ridgewood (Women)".

### **STEP 2--SETTING UP YOUR ONLINE ROSTER**

*Before entering an athlete into a meet, you must add all active athletes to your roster. If an athlete is already on your roster (from previous seasons or meets) you do not need to add him/her again. This is a one-time process—you will not need to set up your roster each time you enter a meet.*

- 1) Upon logging in, click the TEAM tab. (New users will automatically be in the TEAM module)
- 2) If you have used DirectAthletics before, you will see your existing athletes on your roster. New Users should click the green "Add Athletes" link.
- 3) Click the green "Add Athletes" link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).

- 4) Enter your athletes' First Name, Last Name, and School Year and click "Submit".
- 5) You may add, edit or delete athletes on your Team Roster at anytime by clicking the TEAM tab. To add athletes, click the green "Add Athletes" link at any time. To delete or edit athletes, check the box to the left of each athlete(s) and then click the red "Delete Selected" link or the blue "Edit Selected" link respectively.

### **STEP 3--SUBMITTING ONLINE MEET ENTRIES**

*Once your athletes are added to your roster, you must submit your entries.*

- 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.
- 2) Follow onscreen instructions for submitting your entries. You will see a running tally of your entries on the right side of your screen.
- 3) When you are finished with your entries, click the "Finish" link.
- 4) You will see a list of your current, submitted entries. Click the appropriate link to receive an EMAIL confirmation or a PRINTABLE confirmation.
- 5) To edit your existing entries, click the blue Edit Entries button next to the meet name on your Upcoming Meets or complete Schedule.